

# Implementation Plan for Needs Identified in the Community Health Needs Assessment for St. Aloisius Medical Center

FY 2019-2021

**Covered Facilities:** St. Aloisius Medical Center and Wells County District Health Unit

**Community Health Needs Assessment:** A Community Health Needs Assessment (“CHNA”) was performed in Summer 2019 in collaboration with Wells County District Health to determine the most pressing health needs of Harvey area.

**Implementation Plan Goals:** The Board St. Aloisius Medical Center determined that the following health needs identified in the CHNA should be addressed through the implementation strategy noted for each such need:

## 1. Adult population health concern

*Specific Needs Identified in CHNA:*

- Alcohol and Drug use and abuse ( including opioid)
  - Depression and anxiety
  - Lack of access to Mental Health services
  - Bullying and cyber bullying
  - Emotional abuse
- Key Objectives:
    - Increase the access of mental health and addiction providers within our service area.
    - Develop a resilient prevention approach for the community at large
  - Implementation Strategies:
    - Implementation of the Community Mental Health services to include counselors for adult mental health and addiction needs.

The goals:

1. Phase 1: Both agencies will collaborate on a regular basis with Rural Mental Health (RMHC) FNP-Psych and Village Family services MLSW to increase awareness of services and the full plan for our community’s Mental Health and addiction needs.
2. Mental Health providers will meet with St Aloisius Medical Center staff at a minimum of 2X in the next year.

- Increase the number of practicing Mental Health primary care providers over a three-year period. (FY19-FY21).

The goals:

1. Sustainable program with RMHC is being addressed by RMHC board of directors. St Aloisius Medical Center currently does not employ Mental Health practitioner but is a board member on RMHC board of directors. St Aloisius Medical Center is reviewing Telemedicine- Mental Health services.
2. The Harvey area Community Cares Coalition has existed for the past 6 years and has developed a strong collaboration with Harvey Public school, City of Harvey, faith communities, St Aloisius Medical Center, Wells County District Health Unit, Village Family Services, Harvey business, community members, Harvey Police and WC sheriff office. This group will continue to lead the Mental Health concerns of our communities.
3. The area Interagency committee meets monthly and will be informed of Mental Health services and plans as developed. Members include the Central Prairie Social Services, HAV-IT, City of Harvey, WCDHU, St Aloisius, SAAF, Positive Progressions therapy, Options, Harvey Chamber, Alzheimer's Association, RMHC.

## **2. GOAL –Community/Environmental Health concerns:**

- Attracting and retaining young families
  - Creating community Health program
  - Strengthen relationship between school, health services and community leaders
- Key Objectives:
    - JDA/ City of Harvey and WCDHU with St. Aloisius Medical Center will coordinate on job openings in the community
    - Community Health will be addressed with Governor Burgum's Main Street Initiative that City of Harvey has been nominated to partake in.
  - Implementation Strategies:
    - St Aloisius Medical Center has been developing a Director of Human Resource's position

The goals:

1. Hire a Human Resource Employee.
  - Mike Zwicker CEO and Sandy Teubner CFO are responsible
  - This employee will coordinate with JDA/City of Harvey to coordinate open job positions at St Aloisius in conjunction with other community workforce openings

2. Scrubs Camp will be developed with Bismarck State College educator, Sarah Gregg and Community Liaison, Beth Huseh. Scrubs Camp curriculum to be provided to area upper elementary students

**Other Needs Identified in the CHNA but Not Addressed in this Plan** – Each of the health needs listed below are important and are being addressed by numerous programs and initiatives operated by the Hospital, other organizations within the Hospital system, and other community partners of the Hospital. However, the Hospital will not address the following health needs identified in the CHNA as part of this Implementation Plan due to limited resources and the need to allocate significant resources to the two priority health needs identified above.

- **Senior population Health concerns**
  - Cost of long term care and /nursing homes – Rates set by cost report, but St. Aloisius utilizes group purchasing contracts to keep supply costs competitive
  - Availability of services to assist elderly to remain in their home:
    - Assisted living options: This has been reviewed previously. Senior Housing apartments available for tenants to hire their own caregivers in a handicap apartment setting with one meal offered per day
  - Depression and anxiety will be addressed with community health
  - Ensure a safe environment and address the effects of violent crime: Both City of Harvey and Wells County Sheriff's Departments have added positions to their departments
- **Threat concerns**
  - Illegal drug use: Local community police and Wells County sheriff - 411# tip line
  - Child Abuse: Community Health and Central Prairie Social Services as resources
  - Increase healthy eating through education about healthy food choices – resource - DEEP classes by Wells County District Health
  - Youth alcohol use is being addressed through WCDHU "PFS" grant